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H-PLUS® TIP OF-THE-ISSUE

*H-PLUS Immunizing (P)**
Function Command: PLUS - ALERT, DESTROY

This quarter, we spotlight Immunizing and an array of supporting exercises. Sustaining member Virginia L. Meyer, a resident of Washington state, has used this Function successfully to combat an incipient bladder infection. As soon as she noticed the warning signs—"There is no mistaking a bladder infection for an allergy attack or anything else!" Virginia listened to *Immunizing* and *Circulation* repeatedly, just for good measure, she added the *De-Discomfort* Command while listening. Virginia states, "The symptoms became less, I slept, and in thirty-six hours I was totally free of symptoms." This member also credits *Immunizing* with seeing her through a particularly nasty flu season in her area. She experienced very mild symptoms over a week's time from a "bug" which affected many others with three to four weeks of ear, sinus, throat, chest, and intestinal symptoms.

**Immunizing* is a permanently installed Function. Use of the Command enhances its action—stimulation of the immune system and destruction of disease- producing organisms.

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